

Atviras Lietuvos plaukimo cempionatas
Kaunas, 25 - 27/4/2019

Event 21 Men, 400m Medley Open Results
4/26/2019 - 17:40

Lithuanian Records	4:19.65	Vytautas, JANUSAITIS	KPM	Canet-en-Roussillon (FRA)	6/10/2009
Lithuanian Age Group Records - 16	4:27.77	Erikas, KAPOCIUS	IPK	Poznan (POL)	4/23/2017
Lithuanian Age Group Records - 14	4:43.12	Erikas, KAPOCIUS	IKSC	Kaunas	4/11/2015
Lithuanian Age Group Records - 12	5:22.19	Džiugas, KARKLELIS	IKSC	Riga (LAT)	6/28/2016

Normatyvai : 5:45.00

Points: FINA 2018

Rank			YB							Time	Pts	
1.	Eimantas, MILIUS		96	Kauno PM						4:35.12	696	
	50m:	28.42	28.42	150m:	1:37.01	34.98	250m:	2:50.13	38.39	350m:	4:02.78	33.60
	100m:	1:02.03	33.61	200m:	2:11.74	34.73	300m:	3:29.18	39.05	400m:	4:35.12	32.34
2.	Silver, HEIN		97	Ujumisklubi Briis						4:39.40	664	
	50m:	28.03	28.03	150m:	1:36.97	36.65	250m:	2:51.74	38.46	350m:	4:06.18	34.64
	100m:	1:00.32	32.29	200m:	2:13.28	36.31	300m:	3:31.54	39.80	400m:	4:39.40	33.22
3.	Nojus, SKIRUTIS		03	Klaip dos Gintaro SC						4:43.60	635	
	50m:	29.93	29.93	150m:	1:41.35	36.48	250m:	2:59.87	41.90	350m:	4:13.43	32.19
	100m:	1:04.87	34.94	200m:	2:17.97	36.62	300m:	3:41.24	41.37	400m:	4:43.60	30.17
4.	Džiugas, KARKLELIS		03	Ignalinos KSC						4:45.13	625	
	50m:	31.06	31.06	150m:	1:44.23	36.18	250m:	2:59.13	39.19	350m:	4:12.95	33.59
	100m:	1:08.05	36.99	200m:	2:19.94	35.71	300m:	3:39.36	40.23	400m:	4:45.13	32.18
5.	Roman, POKALO		01	Šiauli PC Delfinas						4:53.17	575	
	50m:	29.31	29.31	150m:	1:44.43	40.00	250m:	3:03.92	41.29	350m:	4:20.08	33.85
	100m:	1:04.43	35.12	200m:	2:22.63	38.20	300m:	3:46.23	42.31	400m:	4:53.17	33.09
6.	Gantas, GRIGALIONIS		01	Panev žio SG						4:57.25	552	
	50m:	30.24	30.24	150m:	1:46.33	39.16	250m:	3:06.71	41.91	350m:	4:24.82	35.41
	100m:	1:07.17	36.93	200m:	2:24.80	38.47	300m:	3:49.41	42.70	400m:	4:57.25	32.43
7.	Deividas, IVANAUSKAS		99	Kauno SM Startas						5:00.95	531	
	50m:	29.73	29.73	150m:	1:45.07	40.26	250m:	3:09.29	44.75	350m:	4:28.02	33.78
	100m:	1:04.81	35.08	200m:	2:24.54	39.47	300m:	3:54.24	44.95	400m:	5:00.95	32.93
8.	Dovydas, GUSTAITIS		02	Panev žio Žemyna						5:06.29	504	
	50m:	29.46	29.46	150m:	1:43.72	39.40	250m:	3:09.69	47.45	350m:	4:33.07	35.40
	100m:	1:04.32	34.86	200m:	2:22.24	38.52	300m:	3:57.67	47.98	400m:	5:06.29	33.22
9.	Gedvydas, MASIULIS		00	Kauno SM Startas						5:18.89	447	
	50m:	29.19	29.19	150m:	1:50.24	46.12	250m:	3:21.71	48.61	350m:	4:45.69	35.56
	100m:	1:04.12	34.93	200m:	2:33.10	42.86	300m:	4:10.13	48.42	400m:	5:18.89	33.20
10.	Nedas, GIEDRAITIS		04	Utenos DSC						5:20.39	440	
	50m:	34.57	34.57	150m:	1:57.57	42.11	250m:	3:22.41	43.64	350m:	4:45.86	37.23
	100m:	1:15.46	40.89	200m:	2:38.77	41.20	300m:	4:08.63	46.22	400m:	5:20.39	34.53
11.	Aleksandras, ŠUKELOVI		03	Vilniaus MSC						5:30.17	402	
	50m:	34.50	34.50	150m:	1:59.02	43.78	250m:	3:28.19	46.42	350m:	4:53.29	38.77
	100m:	1:15.24	40.74	200m:	2:41.77	42.75	300m:	4:14.52	46.33	400m:	5:30.17	36.88