

Atviras Lietuvos plaukimo cempionatas  
Kaunas, 25 - 27/4/2019

Event 35 Men, 400m Freestyle Open Results Prelim  
4/27/2019 - 12:20

Lithuanian Records	3:46.73	Danas, RAPSYS	PZEM	Bukarest (ROU)	5/27/2018
Lithuanian Age Group Records - 16	3:57.12	Povilas, STRAZDAS	VMSC	Berlin (GER)	3/1/2013
Lithuanian Age Group Records - 14	4:08.52	Povilas, STRAZDAS	VMSC	Alytus	3/4/2011
Lithuanian Age Group Records - 12	4:42.20	Erikas, SVIRSKAS	KPM	Vilnius	2/9/2007

Normatyvai : 5:10.00

Points: FINA 2018

Rank			YB					Time	Pts			
1.	Kristofers Dags, BREGIS		01	Valmieras BSS				<b>4:15.76</b>	637	A		
	50m:	28.49	28.49	150m:	1:32.48	32.36	250m:	2:37.80	32.75	350m:	3:43.45	32.71
	100m:	1:00.12	31.63	200m:	2:05.05	32.57	300m:	3:10.74	32.94	400m:	4:15.76	32.31
2.	Vladimir, TURU		99	SK Garant				<b>4:16.61</b>	630	A		
	50m:	29.07	29.07	150m:	1:34.04	32.92	250m:	2:39.87	32.83	350m:	3:45.31	32.54
	100m:	1:01.12	32.05	200m:	2:07.04	33.00	300m:	3:12.77	32.90	400m:	4:16.61	31.30
3.	Rimas, BACEVI	IUS	99	Kauno SM Startas				<b>4:18.69</b>	615	A		
	50m:	28.28	28.28	150m:	1:31.68	32.32	250m:	2:38.67	33.58	350m:	3:46.10	33.76
	100m:	59.36	31.08	200m:	2:05.09	33.41	300m:	3:12.34	33.67	400m:	4:18.69	32.59
4.	Marius, KARLAVI	IUS	02	Vilniaus MSC				<b>4:20.65</b>	601	A		
	50m:	29.20	29.20	150m:	1:34.50	33.31	250m:	2:42.15	33.54	350m:	3:49.12	32.86
	100m:	1:01.19	31.99	200m:	2:08.61	34.11	300m:	3:16.26	34.11	400m:	4:20.65	31.53
5.	Erik, LIHATS		03	SK Garant				<b>4:20.67</b>	601	A		
	50m:	29.26	29.26	150m:	1:34.85	32.95	250m:	2:41.87	33.84	350m:	3:49.38	33.78
	100m:	1:01.90	32.64	200m:	2:08.03	33.18	300m:	3:15.60	33.73	400m:	4:20.67	31.29
6.	Maksim, GUMENJUK		00	SK Garant				<b>4:22.50</b>	589	A		
	50m:	28.95	28.95	150m:	1:33.14	32.54	250m:	2:40.60	34.24	350m:	3:49.18	34.79
	100m:	1:00.60	31.65	200m:	2:06.36	33.22	300m:	3:14.39	33.79	400m:	4:22.50	33.32
7.	Danielis, KVEDERIS		04	Klaip dos Gintaro SC				<b>4:22.90</b>	586	A		
	50m:	28.32	28.32	150m:	1:33.38	33.22	250m:	2:41.42	34.14	350m:	3:50.53	34.16
	100m:	1:00.16	31.84	200m:	2:07.28	33.90	300m:	3:16.37	34.95	400m:	4:22.90	32.37
8.	Nojus, SKIRUTIS		03	Klaip dos Gintaro SC				<b>4:23.20</b>	584	A		
	50m:	30.61	30.61	150m:	1:37.26	33.73	250m:	2:45.44	34.33	350m:	3:52.48	34.13
	100m:	1:03.53	32.92	200m:	2:11.11	33.85	300m:	3:18.35	32.91	400m:	4:23.20	30.72
9.	Devidas, IVANAUSKAS		99	Kauno SM Startas				<b>4:23.37</b>	583	B		
	50m:	30.25	30.25	150m:	1:37.55	34.00	250m:	2:44.61	33.17	350m:	3:51.11	32.92
	100m:	1:03.55	33.30	200m:	2:11.44	33.89	300m:	3:18.19	33.58	400m:	4:23.37	32.26
10.	Roman, POKALO		01	Šiauli	PC Delfinas			<b>4:26.15</b>	565	B		
	50m:	28.90	28.90	150m:	1:34.97	33.34	250m:	2:44.10	34.42	350m:	3:53.29	34.38
	100m:	1:01.63	32.73	200m:	2:09.68	34.71	300m:	3:18.91	34.81	400m:	4:26.15	32.86
11.	Airidas, KURKAUSKAS		03	Panev žio Žemyna				<b>4:29.61</b>	543	B		
	50m:	29.47	29.47	150m:	1:37.15	34.37	250m:	2:46.26	33.66	350m:	3:55.73	35.35
	100m:	1:02.78	33.31	200m:	2:12.60	35.45	300m:	3:20.38	34.12	400m:	4:29.61	33.88
12.	R jus, TETERIUKOVAS		02	Kauno PM				<b>4:30.82</b>	536	B		
	50m:	30.06	30.06	150m:	1:38.08	34.42	250m:	2:47.32	34.67	350m:	3:57.14	35.14
	100m:	1:03.66	33.60	200m:	2:12.65	34.57	300m:	3:22.00	34.68	400m:	4:30.82	33.68
13.	Gantas, GRIGALIONIS		01	Panev žio SG				<b>4:31.97</b>	529	B		
	50m:	31.12	31.12	150m:	1:38.58	34.19	250m:	2:48.45	34.53	350m:	3:58.63	34.80
	100m:	1:04.39	33.27	200m:	2:13.92	35.34	300m:	3:23.83	35.38	400m:	4:31.97	33.34
14.	Devidas, KAZILAS		02	Panev žio SG				<b>4:32.57</b>	526	B		
	50m:	30.48	30.48	150m:	1:39.18	34.75	250m:	2:48.62	34.80	350m:	3:58.30	35.18
	100m:	1:04.43	33.95	200m:	2:13.82	34.64	300m:	3:23.12	34.50	400m:	4:32.57	34.27

Atviras Lietuvos plaukimo cempionatas  
Kaunas, 25 - 27/4/2019

Event 35, Men, 400m Freestyle, Prelim, Open

Rank			YB							Time	Pts	
15.	Mykolas, RINDOKAS		03	Kauno PM						<b>4:35.53</b>	509	B
	50m:	29.64	29.64	150m:	1:38.39	35.07	250m:	2:48.87	35.17	350m:	4:00.08	35.67
	100m:	1:03.32	33.68	200m:	2:13.70	35.31	300m:	3:24.41	35.54	400m:	4:35.53	35.45
16.	Donatas, KUJELIS		03	Ignalinos KSC						<b>4:36.00</b>	506	B
	50m:	30.85	30.85	150m:	1:38.98	34.42	250m:	2:49.08	35.19	350m:	4:00.92	36.15
	100m:	1:04.56	33.71	200m:	2:13.89	34.91	300m:	3:24.77	35.69	400m:	4:36.00	35.08
17.	Artis, VAZDIKIS		00	BJSS Ridzene-ZIEP						<b>4:36.28</b>	505	R
	50m:	31.43	31.43	150m:	1:42.08	35.51	250m:	2:53.06	35.32	350m:	4:02.63	34.58
	100m:	1:06.57	35.14	200m:	2:17.74	35.66	300m:	3:28.05	34.99	400m:	4:36.28	33.65
18.	Vilius, MATJOŠAITIS		03	Kauno PM						<b>4:42.20</b>	474	R
	50m:	31.23	31.23	150m:	1:41.01	35.14	250m:	2:53.61	36.23	350m:	4:05.64	35.68
	100m:	1:05.87	34.64	200m:	2:17.38	36.37	300m:	3:29.96	36.35	400m:	4:42.20	36.56
19.	Jonas, JOKŠAS		04	Klaipėdos Gintaro SC						<b>4:43.51</b>	467	
	50m:	31.09	31.09	150m:	1:42.08	36.42	250m:	2:56.59	37.37	350m:	4:09.07	35.15
	100m:	1:05.66	34.57	200m:	2:19.22	37.14	300m:	3:33.92	37.33	400m:	4:43.51	34.44
20.	Lukas Jeronimas, KULIEŠIUS		03	Vilniaus MSC						<b>4:43.73</b>	466	
	50m:	30.79	30.79	150m:	1:40.22	35.42	250m:	2:54.37	37.31	350m:	4:08.69	37.17
	100m:	1:04.80	34.01	200m:	2:17.06	36.84	300m:	3:31.52	37.15	400m:	4:43.73	35.04
21.	Rokas, ALUBICKIS		02	Šiaulių PC Delfinas						<b>4:48.04</b>	445	
	50m:	31.31	31.31	150m:	1:44.97	37.74	250m:	3:00.53	38.02	350m:	4:14.12	35.67
	100m:	1:07.23	35.92	200m:	2:22.51	37.54	300m:	3:38.45	37.92	400m:	4:48.04	33.92
22.	Nedas, GIEDRAITIS		04	Utenos DSC						<b>4:48.58</b>	443	
	50m:	31.64	31.64	150m:	1:42.37	35.93	250m:	2:57.79	38.31	350m:	4:12.76	37.35
	100m:	1:06.44	34.80	200m:	2:19.48	37.11	300m:	3:35.41	37.62	400m:	4:48.58	35.82
23.	Daniils, SAVINOVŠ		03	BJSS Ridzene-DSN						<b>4:50.33</b>	435	
	50m:	32.01	32.01	150m:	1:43.99	36.80	250m:	2:59.85	38.26	350m:	4:15.30	37.82
	100m:	1:07.19	35.18	200m:	2:21.59	37.60	300m:	3:37.48	37.63	400m:	4:50.33	35.03
24.	Robertas, VILYS		04	Vilniaus MSC						<b>4:50.83</b>	433	
	50m:	31.46	31.46	150m:	1:42.93	36.67	250m:	2:59.41	38.56	350m:	4:16.43	37.89
	100m:	1:06.26	34.80	200m:	2:20.85	37.92	300m:	3:38.54	39.13	400m:	4:50.83	34.40
25.	Rokas, KARALIUS		03	Anykščių KKSC						<b>5:26.51</b>	306	
	*											
	50m:	33.09	33.09	150m:	1:56.24	42.37	250m:	3:20.98	42.48	350m:	4:47.09	43.04
	100m:	1:13.87	40.78	200m:	2:38.50	42.26	300m:	4:04.05	43.07	400m:	5:26.51	39.42