

Event 33 Open  
 2023-04-15 - 15:45 Results Finals

Lithuanian Age Group Records - 16	3:57.12	Povilas, STRAZDAS	VMSC	Berlin (GER)	2013-03-01
Lithuanian Age Group Records - 14	4:08.52	Povilas, STRAZDAS	VMSC	Alytus	2011-03-04
Lithuanian Age Group Records - 12	4:29.24	Mykolas, TUSKENIS	VMSC	Kaunas	2022-04-08
Lithuanian Records	3:43.36	Danas, RAPSYS	PZEM	Budapest (HUN)	2019-05-12

OLIMPINIAI NORMATYVAI OQT : 3:46.78 / OCT : 3:47.91 / P NORMATYVAI FINA 'A' cut : 3:48.15 / FINA 'B' cut : 3:56.14

Points: FINA 2022

Rank			YB			Time	Pts
<b>Final A</b>							
1.	Danielis, KVEDERIS	04	Klaipėdos Gintaro SC			<b>4:00.07</b>	770
	50m: 27.65 27.65	150m: 1:28.71	30.84	250m: 2:30.31	30.77	350m: 3:30.85	30.28
	100m: 57.87 30.22	200m: 1:59.54	30.83	300m: 3:00.57	30.26	400m: 4:00.07	29.22
2.	Kostas, VAIŠNĖNAS	06	Panevėžio Žemyna			<b>4:03.17</b>	741
	50m: 27.84 27.84	150m: 1:28.23	30.60	250m: 2:30.80	31.32	350m: 3:33.57	31.31
	100m: 57.63 29.79	200m: 1:59.48	31.25	300m: 3:02.26	31.46	400m: 4:03.17	29.60
3.	Simon, DOUEIHY	02	Lebanon			<b>4:03.21</b>	740
	50m: 27.82 27.82	150m: 1:27.70	29.99	250m: 2:29.67	31.79	350m: 3:33.14	31.60
	100m: 57.71 29.89	200m: 1:57.88	30.18	300m: 3:01.54	31.87	400m: 4:03.21	30.07
4.	Tomas, LUKMINAS	04	Panevėžio Žemyna			<b>4:04.65</b>	727
	50m: 27.83 27.83	150m: 1:29.66	31.11	250m: 2:32.75	31.48	350m: 3:35.62	30.86
	100m: 58.55 30.72	200m: 2:01.27	31.61	300m: 3:04.76	32.01	400m: 4:04.65	29.03
5.	Džiugas, MIŠKINIS	05	Kauno PM			<b>4:09.05</b>	689
	50m: 28.07 28.07	150m: 1:29.59	31.10	250m: 2:32.86	31.73	350m: 3:37.79	32.58
	100m: 58.49 30.42	200m: 2:01.13	31.54	300m: 3:05.21	32.35	400m: 4:09.05	31.26
6.	Tautvydas, SUTKUS	04	Panevėžio Žemyna			<b>4:11.21</b>	672
	50m: 27.86 27.86	150m: 1:30.78	31.71	250m: 2:34.84	32.01	350m: 3:39.99	32.32
	100m: 59.07 31.21	200m: 2:02.83	32.05	300m: 3:07.67	32.83	400m: 4:11.21	31.22
7.	Titas, VAITUKAITIS	06	Sostinės SC			<b>4:12.73</b>	660
	50m: 28.12 28.12	150m: 1:30.68	31.95	250m: 2:35.35	32.31	350m: 3:40.92	32.70
	100m: 58.73 30.61	200m: 2:03.04	32.36	300m: 3:08.22	32.87	400m: 4:12.73	31.81
8.	Titas, ŠTUOPIS	05	Marijampolės sporto centras			<b>4:14.42</b>	647
	50m: 28.25 28.25	150m: 1:30.40	31.76	250m: 2:35.91	33.12	350m: 3:42.83	33.47
	100m: 58.64 30.39	200m: 2:02.79	32.39	300m: 3:09.36	33.45	400m: 4:14.42	31.59
<b>Final B</b>							
9.	Matas, KAIRYS	05	Sostinės SC			<b>4:12.52</b>	661
	50m: 28.93 28.93	150m: 1:32.17	31.73	250m: 2:36.97	32.52	350m: 3:41.76	32.26
	100m: 1:00.44 31.51	200m: 2:04.45	32.28	300m: 3:09.50	32.53	400m: 4:12.52	30.76
10.	Giedrius, CIRTAUTAS	07	Klaipėdos Gintaro SC			<b>4:14.25</b>	648
	50m: 28.77 28.77	150m: 1:31.80	31.91	250m: 2:36.74	32.75	350m: 3:42.25	32.80
	100m: 59.89 31.12	200m: 2:03.99	32.19	300m: 3:09.45	32.71	400m: 4:14.25	32.00
11.	Kajus, RIMKUS	07	Kauno PM			<b>4:20.11</b>	605
	50m: 28.94 28.94	150m: 1:34.13	32.98	250m: 2:40.59	33.31	350m: 3:48.09	33.86
	100m: 1:01.15 32.21	200m: 2:07.28	33.15	300m: 3:14.23	33.64	400m: 4:20.11	32.02
12.	Rokas, MILVYDAS	07	Kauno PM			<b>4:20.19</b>	605
	50m: 29.03 29.03	150m: 1:32.73	31.99	250m: 2:38.84	33.19	350m: 3:47.04	34.24
	100m: 1:00.74 31.71	200m: 2:05.65	32.92	300m: 3:12.80	33.96	400m: 4:20.19	33.15
13.	Domantas, PEMP	04	Sostinės SC			<b>4:22.10</b>	591
	50m: 29.23 29.23	150m: 1:34.05	32.71	250m: 2:41.73	33.94	350m: 3:50.38	34.28
	100m: 1:01.34 32.11	200m: 2:07.79	33.74	300m: 3:16.10	34.37	400m: 4:22.10	31.72
14.	Ignas, ZAVECKAS	06	Sostinės SC			<b>4:22.55</b>	588
	50m: 29.24 29.24	150m: 1:34.90	33.22	250m: 2:43.04	34.27	350m: 3:51.28	33.59
	100m: 1:01.68 32.44	200m: 2:08.77	33.87	300m: 3:17.69	34.65	400m: 4:22.55	31.27



Event 33, Men, 400m Freestyle, Final, Open

Rank	YB								Time	Pts		
15.	Emilis, PANUMIS 08 Kauno PM								<b>4:25.12</b>	571		
	50m:	29.70	29.70	150m:	1:36.59	33.42	250m:	2:44.18	33.47	350m:	3:53.18	34.44
	100m:	1:03.17	33.47	200m:	2:10.71	34.12	300m:	3:18.74	34.56	400m:	4:25.12	31.94
16.	Rokas, RA KAUSKAS 04 Kauno SM Startas								<b>4:25.19</b>	571		
	50m:	28.72	28.72	150m:	1:33.28	32.50	250m:	2:40.69	33.91	350m:	3:50.92	35.28
	100m:	1:00.78	32.06	200m:	2:06.78	33.50	300m:	3:15.64	34.95	400m:	4:25.19	34.27